



Imaging Center | 252.752.5000
Kinston | 252.527.7077
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Patient Name _____ DOB ___ / ___ / ___ Date ___ / ___ / ___ MRN _____

PATIENT INSTRUCTIONS: BEFORE YOUR THYROID FNA

Clear liquids include: Water, tea, coffee (no cream), soft drinks, bouillon, Jello (no fruit), apple juice, cranberry juice, ice popsicles.

Do not eat 4 hours prior to your appointment. Clear liquids only.

Notify Eastern Radiologists prior to your appointment if you are on blood thinners or anti-platelet medication, discontinue use with approval and instructions from your referring physician for your appointment.
(Ex: Coumadin, Plavix, Lovenox, Aggrenox, etc.)