



Doctors Park | 252.752.5000 | Mon-Fri 7am-6pm  
Kinston | 252.527.7077 | Mon-Fri 8am-5pm  
252.752.5000 | easternrad.com

## **PATIENT INSTRUCTIONS: BEFORE YOUR THYROID FNA**

**Clear liquids include:** Water, tea, coffee (no cream), soft drinks, bouillon, Jello (no fruit), apple juice, cranberry juice, ice popsicles.

Do not eat 4 hours prior to your appointment. Clear liquids only.

Notify Eastern Radiologists prior to your appointment if you are on blood thinners or anti-platelet medication, discontinue use with approval and instructions from your referring physician for your appointment.

(Ex: Coumadin, Plavix, Lovenox, Aggrenox, etc.)