

PATIENT INSTRUCTIONS: BEFORE YOUR CT WITH ORAL CONTRAST

Preparations:

Mix Omnipaque 240 with 40oz (OUNCES) of clear liquids.
Water, Tea, Black coffee, soft drinks, Kool-Aid, Crystal Light, Gatorade, PowerAde or anything else that does not contain pulp or milk products
Have mixture completely finished 90 minutes before exam.

Adverse Reactions:

Most adverse reactions are mild and rare.
Nausea, vomiting and/or diarrhea have occurred in some patients after taking Omni 240.

You may take your regular medicines the morning of your appointment.

If your exam is in the afternoon, you may have a regular breakfast and CLEAR LIQUIDS ONLY 5 HOURS PRIOR TO EXAM.

IV Contrast Information

If you have ASTHMA, or a KNOWN ALLERGY TO X-RAY DYE, CONTRAST and/or IODINE please let us know 2 days prior to your appointment.

*If you have any of the above, you will need a prescription for PREDNISONE to take the day before and the day of your exam.
If you do not have this we may need to reschedule your appointment.

*PLEASE LEAVE ALL JEWELRY/VALUABLES AT HOME.

If you have any questions, contact the *Eastern Radiologists CT Department*: Greenville, **252.754.5232** or Kinston **252.527.7077**.

Appointment Date: _____ Time: _____