

## **PATIENT INSTRUCTIONS: BEFORE YOUR CT**

**Clear liquids include:** Water, tea, coffee (no cream), soft drinks, bouillon, Jello (no fruit), apple juice, cranberry juice, ice popsicles.

**Abdomen - Pelvis:** Nothing to eat 6 hours prior to exam if contrast is ordered. Most cases will be performed with oral and IV contrast. Oral prep can be picked up at Eastern Radiologists, in some cases your physician will provide it. Please see patient instructions for your CT with Omnipaque 240 oral contrast. If you are unable to get your prep, you can come in early the day of your appointment and drink it here before your scan.

**Head - Neck - Chest - Spine - Extremities:** Nothing to eat 6 hours prior to exam if contrast is ordered. May be performed with or without IV contrast.

**Angiogram (CTA):** Nothing to eat 6 hours prior to exam. Will be performed with IV contrast and in some cases oral contrast may also be given.