

## **PATIENT INSTRUCTIONS: AFTER YOUR 3D BIOPSY**

**DAY 1** The needle biopsy will last about 1 hour. After the procedure, the area will be bandaged. Please keep the bandage in place and dry for 24 hours. This means no shower or bath after the biopsy. If you are given an ACE bandage, leave it in place until bedtime. At bedtime, sleep in a support bra.

**DAY 2** On the following day keep bandage intact while bathing. After bathing, remove the wet bandage and pat the area dry. Replace with a clean, dry standard bandage.

**THINGS TO EXPECT:** After the local anesthetic wears off in about 2 hours, you may be sore. Acetaminophen (Tylenol) is recommended for pain. Please refrain from taking aspirin products as they increase bleeding. Bruising is expected especially on the next day. A lump or discoloration (hematoma) may develop at the site of the biopsy. These should improve in about 1 week but may take several weeks to resolve.

**Please inform us or your referring physician if any of the following occurs:**

1. Increased bleeding at the biopsy site (Hold firm, direct pressure over the biopsy site and call the Breast Imaging Center or your physician).
2. Rapidly enlarging hematoma (after a few hours).
3. Pus or discharge at the biopsy site.

**RESULTS** For every biopsy there is a pathology result.  
Your results should be given to you by \_\_\_\_\_.

Please, if you have not been informed of your results within 2 weeks call your referring physician or the Breast Imaging Center 252.754.5227.

*Please do not assume if you have not heard from your doctor that your results are benign.*