

PATIENT INSTRUCTIONS: BEFORE YOUR ULTRASOUND

Abdominal, Aorta, Biopsy or TIPS Evaluation: Do not eat or drink after midnight prior to your appointment. Necessary medications may be taken with a small amount of water.

Renal / Renal Transplant Ultrasound: Do not eat or drink after midnight prior to your appointment. One hour prior to exam empty bladder. Drink 1 quart (32oz) non-carbonated liquid. Do not empty bladder until the examination is complete.

Pelvic Ultrasound: Ninety minutes before your exam, empty your bladder and start drinking 1-1.5 quarts (48oz) of liquid. If you weigh over 150 lbs., drink 2 quarts (64oz). Do not empty bladder again until your exam is completed. Your bladder must be full before the pelvic examination can be performed. Most pelvic ultrasounds include a transvaginal ultrasound in which the transducer is placed in the vagina to better see female organs.

Obstetrical Ultrasound:

First Trimester - Please follow preparation for pelvic exam as seen above

Second and Third Trimester - Follow preparation for pelvic exam as seen above but reduce liquid by 2 cups (16oz)

Unknown Dates - Please follow preparation for pelvic exam as seen above