



## INSTRUCTIONS:

### Mammograms

1. Do not use powder, deodorant or lotion.
2. Wear a two-piece outfit.
3. Please bring outside mammograms.

### Bone Density

1. No intestinal contrast studies seven days prior to exam.  
(Ex: BE, GI, SB, CT or nuclear medicine studies)
2. No calcium tablets 3 days prior.
3. Wear two piece outfit without zippers or metal.
4. Table weight limit is 300 pounds.