



REFERRAL FORM (Preparations on Page 2)

Local: 252-752-5000
www.easternrad.com

- 9 Doctors Park
10 Doctors Park - Myelograms

Name of Patient
DOB

Appointment Date
Time
Diag. Code (ICD 9)

Signs, Symptoms & Clinical Information

Female Patient LMP

Perform urine pregnancy test?

Physician Signature*

* Requires original physician signature

Routine Report Delivery

Fax Preliminary Report if Abnormal. Fax#

Radiographic Exam Fax: 252-752-8941

- Chest
Ribs
Abdomen
Skull
Orbits
Cervical Spine
Thoracic Spine
Lumbar Spine
Scoliosis
Joints & Extremities (Designate)
Other
Uni
Bilateral
Complete
W/ Flex & Ext.
Flex & Ext. Only
AP & Lat Only
AP Only
Lat Only

Special Studies Fax: 252-752-8941

- Esophagus
Upper GI Series
IVP
Small Bowel
Other
Air Contrast Barium Enema
Barium Enema
Hysterosalpingogram

Injections Fax: 252-931-7658

- Arthrogram (Specify Joint)
MRI
CT
Steroid (Specify Joint/Area)
Dose (if applicable)

Neuro Fax: 252-931-7658

- Myelogram (Designate)
Cervical
Thoracic
Lumbar
Flex/Ext
Spine Injection (Designate)
Cervical
Thoracic
Lumbar
Other

*Please provide PT/INR levels on patients taking Coumadin

- PT/INR
Please perform PT/INR

Computed Tomography (CT Scan) Fax: 252-931-7626

- Brain
Sinuses
Facial Bones
Temporal Bones
Orbits
Neck
Radiologists Discretion to Use Contrast
With Contrast
W/O Contrast
Multiplanar Reformats
Sagittal
Coronal
3D
Extremities
CTA - Designate
Head/Neck/Chest/Abd/Pelvis/Aorta-iliac Femoral Runoff/Cardiac
Cardiac Calcium Screening
Other

*Please provide Creatinine levels on any patient with diabetes (within 1 week of appointment) and all patients over 55 years of age (within 3 months of appointment.)

- Creatinine
Perform Creatinine / BUN

Ultrasound Exam Fax: 252-752-2284

- Complete Abdomen - Liver, GB, Pancreas, Kidneys
RUQ - GB, Liver, Pancreas
Pelvis - Uterus, Ovaries
Aorta
Thyroid
Obstetrical
Carotid Doppler
Extremity Venous Doppler (DVT) - Designate
Groin R/O Pseudo Aneurysm
Other
Kidney - Bladder
Scrotum
Extremity (Popliteal Cyst)
TIPS Evaluation
Renal Transplants

Nuclear Medicine Exam Fax: 252-752-8941

- Liver - Spleen
Bone, Total Body
Bone, Three Phase
Bone Limited
Designate Anatomical Sight
Hepatobiliary w/ CCK
Renal
Other
Spect Imaging
I 131 Therapy Ablation
Thyroid Scan
Thyroid Uptake & Scan
Parathyroid

Additional Comments

Preparations: The following are routine adult preparations. If you feel they are not indicated for your patient, please call for alternative instructions.

Clear liquids include: Tea, coffee (no cream), soft drinks, bouillon, jello (no fruit), apple juice, cranberry juice, ice popsicles.

Routine:

IVP: Start a clear liquid diet at 4:00 p.m. the day prior to your exam. Take 10 oz. of MagCitraate at 6:00p.m. the day before. Nothing to eat or drink after midnight.

Esophogram, UGI and Small Bowel: Nothing to eat or drink after midnight.

ACBE or Regular BE

Colyte Prep: The morning before the exam, mix Colyte according to instructions and refrigerate. Have a normal breakfast. Midday, have a light lunch; no solid food should be eaten 3-4 hours prior to drinking Colyte. Begin drinking Colyte between 4:00 p.m. and 6:00 p.m. Drink an 8 oz. glass every 10 minutes. It is best to drink the whole glass rapidly, drink until the bottle is empty, or bowel movement is clear fluid. Bowel movement should begin approximately one hour after drinking the first glass of Colyte and will continue for two hours after finishing the last glass. Bloating and/or nausea are common, and will disappear once bowel movements begin. Do not eat any solid food until after your exam the next morning. Small sips of water are permissible. Take 2 Dulcolax (Bisacodyl) tablets (5 mg each) after completing Colyte prep. Dulcolax is a gentle laxative that will help evacuate the remaining Colyte left in the bowel. The day of the exam, take 2 more Dulcolax tablets with a small amount of water. No solid foods or liquids until the exam is completed. Take Milk of Magnesia after exam (2 oz.)

Barium Enema

Noon - Begin clear liquid diet: water, coffee, tea, yellow gelatin, clear sodas and broth. No alcoholic beverages, bread, fruit, vegetables, milk, milk products or artificial milk products. Drink 8 to 10 glasses of water during the day to help ensure a successful colonoscopy procedure.

4:00 p.m. - Drink one whole bottle of Dulcolax Magnesium Citrate (10 oz.).

5:00 p.m. - Clear liquid supper.

6:00 p.m. - Take up to 4 Dulcolax (Bisacodyl) tablets (if not contraindicated). Do not chew or crush. Tablets should be swallowed whole and not taken within one hour of antacids or milk.

Midnight-on - Nothing to eat or drink after midnight (may take regular medications if any with a small amount of water.)

Day of Examination - No breakfast (may take regular medications if any, with a small amount of water.)

5:30 a.m. - Insert Dulcolax (Bisacodyl) suppository in rectum and retain for 20 minutes if possible.

Colostomy Prep

Take 1 oz. of Milk of Magnesia 2 nights prior to your exam. Take 1 oz. Milk of Magnesia the night before your exam. Nothing to eat or drink after midnight the night before the exam.

Myelogram

Only clear liquids after midnight before your myelogram. You may take pain medications and birth control pills. Bring other medications with you, but do not take any other medicines (unless asked to) before the myelogram. Diabetics- do not take your medications, but do bring them with you. Please arrive at 7:00 a.m. at 10 Doctors Park. If no one is staying with you, bring food to eat. Everyone must have a driver.

Epidural Steroid Injections

Clear liquids 4 hours prior to injection. Must bring a driver.

CT- Gastroview Prep

Mix Gastroview with 40 oz. of clear liquids. Drink mixture 1 hour before your exam. If your exam is in the morning, you may have clear liquids for breakfast.

If your exam is in the afternoon, you may eat a regular breakfast and then only clear liquids 5 hours prior to your exam.

Adverse Reactions: Most adverse reactions are mild and rare. Nausea, vomiting and/or diarrhea has occurred in some patients after taking Gastroview.

Ultrasound

Abdominal, aorta, biopsy and tips evaluation: nothing to eat or drink after midnight.

Pelvic: Empty bladder at _____(1-1/2 hour before your exam, start drinking 1 1/2 quarts of liquid. If you weigh over 150 pounds, drink 2 quarts). Do not empty bladder again until your exam is completed. Most pelvic and early obstetrical studies include an endovaginal ultrasound exam.

OB Ultrasound: Follow pelvis prep for up to 20 weeks, after 20 weeks gestation, drink 1 quart only.

Renal Ultrasound: Empty bladder 1 hour prior to exam. Drink one quart of non-carbonated liquid. Do not empty bladder again.

Renal Transplants: Same as renal ultrasound.

Nuclear

Liver and Spleen Scan: Your abdomen should not have barium from x-ray studies, otherwise, no prep.

Hepatobiliary Scan: No food or drink 4 hours prior to exam.

I-131 Therapy/ Ablation: Liquids only on the morning of treatment.

Thyroid Scan: Must be off of thyroid medication for at least 5 weeks prior to scan. Do not have any x-ray exams using contrast materials containing iodine for 1 month prior to exam.

Parathyroid: None

Bowel imaging: Nothing to eat or drink 6 hours prior to exam.

MECKELS Scan: No laxatives or enemas 6 hours prior.